

JUBILEE 2025



# THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly



**23**  
**MAR**  
**2025**  
YEAR C

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

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## 3RD SUNDAY OF LENT

**"If you do not repent, you will all perish as they did!" - Lk 13:3**

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

### 1<sup>ST</sup> READING

Exodus 3:1-8. 13-15

*The Lord calls Moses from a burning bush.*

### RESPONSORIAL PSALM

Ps 102:1-4. 6-8. 11. R. v.8

*The Lord is kind and merciful.*

### 2<sup>ND</sup> READING

1 Corinthians 10:1-6, 10-12

*We must learn from the example of our ancestors.*

### GOSPEL ACCLAMATION

Matthew 4:17

*Glory to you, Word of God,  
Lord Jesus Christ!*

*Repent, says the Lord;  
the kingdom of heaven is at hand.  
Glory to you, Word of God,  
Lord Jesus Christ!*

### GOSPEL

Luke 13:1-9

*The parable of the fig tree.*

## MASS & LITURGY TIMES

### CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

#### MASS:

Wednesday, 9am  
Sunday, 9am

#### BAPTISM:

Sunday, 10.30am  
1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.  
Contact Parish Office for more details. Thank you.*

#### RECONCILIATION:

Saturday, 5.00 to 5.45pm  
Church of St. Kieran

#### YOUTH MASS:

2nd Sundays of the month  
during the school term.

#### WEDDING:

Require six months notice and  
include Pre-Marriage Course as  
part of the preparation.

### CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

#### MASS:

Monday, Tuesday, Thursday, Friday\*, Saturday,  
8.30am  
Saturday (Vigil), 5.30pm  
Sunday, 7.30am, 9.30am, 5pm

*\* Adoration to the Blessed Sacrament after Mass  
on Fridays.*

#### BAPTISM:

Sunday, 11.30am  
1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.  
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



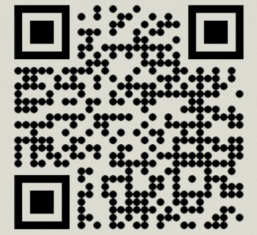
# WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

## GET IN TOUCH

- ✉ OFFICE@NHCATHOLIC.ORG.AU  
2 KING STREET, MANLY VALE 2093 NSW
- 🌐 WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
- ☎ (02) 9949 4455

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## WHY DO WE DO THAT? Catholic Life Explained

### Question:

What is the difference between mortal and venial sin?

### Answer:

Sin is a deliberate thought, word, action, or omission contrary to God's law. Since the beginnings of the Church, sin has been distinguished by its gravity. "Grave matter" is traditionally defined by the Ten Commandments. If a person commits a grave sin with full knowledge of the action's evil and with the complete consent of their will, this is a mortal sin. The effects of mortal sin are grave – the loss of sanctifying grace, which can be restored by a fresh outpouring of God's mercy in the sacrament of Reconciliation.

Venial sin does not fit one or more of these conditions (for example, a less serious matter still freely chosen or grave matter committed while under force or ignorance of God's law). The effects of venial sin – while still damaging to the human heart and human society – are less severe. Even so, smaller sins build habits, which can obstruct our growth in virtue. When we are serious about following Jesus, we should do our best to avoid all sin, whether large or small! ©LPi

## BRINGING HOME THE GOSPEL

These verses can sound a bit threatening: "repent or perish." In fact, they come in the middle of several chapters in which Jesus is communicating a great urgency for his listeners to take action and begin doing the work of building the Kingdom of God. Several parables before and after today's reading have the same theme. "You know what to do. I'm giving you a heads-up, so don't wait. You never know how much time you have left to live so get started now before it's too late."

What is it Jesus wants us to do before we die? He has spent the first half of Luke's Gospel telling us: feed the hungry, heal the sick, welcome the outcast and the stranger, love your neighbour as yourself, pray for what you need, celebrate goodness and beauty, etc. It's so easy for us to be lulled into thinking we'll always have more time, but anyone who has ever lost a loved one knows we are never promised tomorrow. God asks us to bear fruit now. Hug your children *today* when they go off to school and before they go to sleep (even if you're frustrated with them!). Circle back to the difficult conversation with your partner that needs to be resolved rather than stewing about it for another day. Call your estranged relative, neighbour or friend today lest neither of you be around tomorrow to make amends then. Slow down and listen to the child or the lonely person who is desperate for your time and attention today rather than be productive in one more thing you won't care about if you were to die tomorrow.

Jesus knows we can't do everything we want to do in our limited waking hours. He also knows that just as trees need water, manure, and pruning to bear good fruit, we need our own versions of nourishment to keep doing good work. He's not asking us to bring about God's kingdom by ourselves. He's just urging us to do what is ours now rather than discover in the future that we've missed our chance.

### FAMILY RESPONSE:

Brainstorm and decide together something you can do that shows you are bearing good fruit as a family.

### PERSONAL RESPONSE:

Is there something that feels important that has been nagging at you that you feel God wants you to do? Make a plan to do it today.

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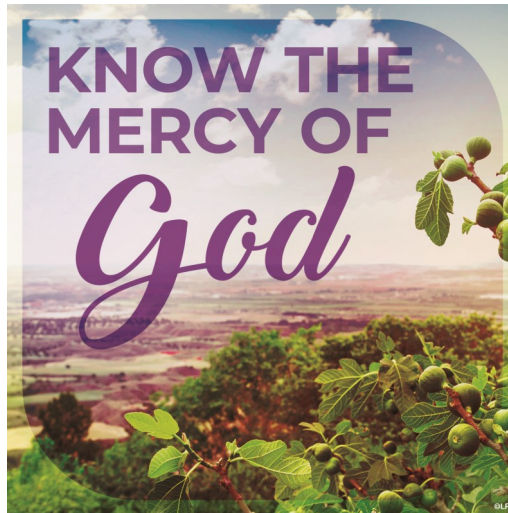
## WEEKLY SOCIAL JUSTICE CHALLENGES

As we enter more deeply into Lent, we recall Jesus washing the feet of his apostles. This action contains two essential challenges for those who seek justice in the world: the challenge to serve and the challenge to be served. Jesus sets the example to serve in ways that may seem to be beneath us and calls Peter to accept service. Many great leaders, even in the corporate world, spend some of their time doing the work of the lowest paid person in the organization as an important reminder that all work is valuable. This act is also a beautiful sign that the service of these all-too-often forgotten people is well-received by the leader. Step out of your comfort zone this week and do a task that may seem to be beneath you. Experience the dignity in your simple service.



## CARE FOR CREATION TIPS

During Lent the readings are full of desert imagery, especially the Old Testament readings which tell the story of the Israelites wandering in the desert for 40 long years, sometimes on the brink of death from lack of food and water. As Pope Benedict preached, "The external deserts in the world are growing, because the internal deserts have become so vast." Pope Francis' proposed solution for this is an interior conversion whereby our faith in Jesus is demonstrated by our relationship with the natural world. This week consider whether others can recognize in you a faith that moves you to action on behalf of the environment.



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## PASTORAL CARE FOR THE HOMEBOUND

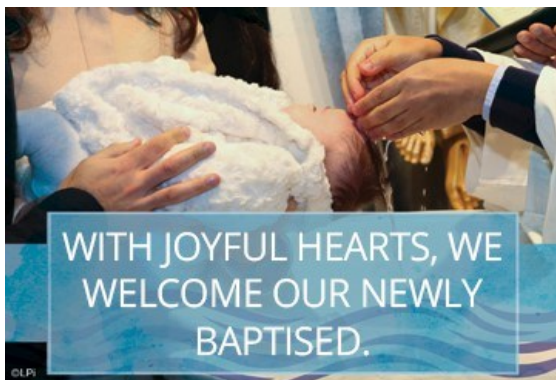
Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

## SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

**BUSINESS HOURS:**  
PARISH OFFICE—9949 4455

**AFTER HOURS:**  
*(Evenings & Weekends)*  
0490 898 464



BAPTISM PREPARATION COURSE  
1ST SUNDAY ALTERNATE MONTHS

## PRAY FOR THOSE IN OUR COMMUNITY:

### SICK:

Odette James, Peter and Jan Van de Velde,  
Joyce Arnold, Cecilia Yeung, Erroll Abbott, Greg Hyde

### RECENTLY DECEASED:

Mark Hansen, Maria Hatch

### ANNIVERSARIES:

Reg Treston, Ana Reimann, Kathleen Osborne,  
Sr Marie Gerard McGlynn, John Moscrop

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au)



**Stand with people like Lam  
to build a better future**



**PLEASE**  
*pray*

for our candidates for First Reconciliation, who are receiving the Sacrament in the coming weeks.



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**LENT REFLECTION BOOKLETS  
AVAILABLE NOW IN OUR CHURCHES**



**CARPARK  
CLOSED**

The parish carpark at St Kieran's will be closed for maintenance on **Saturday, 29 March** from 7:00AM - 4:30PM.

If you attend 8:30AM Mass on Saturday, please park in Gordon St or King St.

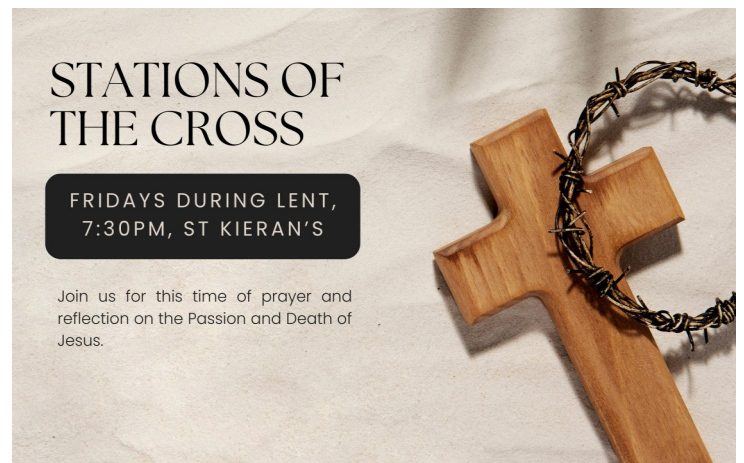
Thank you!



*Lent Reflection Evenings*

**EVERY MONDAY DURING LENT  
7:30PM IN PARISH CENTRE**

Leader: Fr John Zhang  
All are welcome!



**STATIONS OF  
THE CROSS**

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LITURGY READERS' MORNING TEA



SUNDAY, 30 MARCH | 11:00AM | PARISH CENTRE

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CATHOLIC DIOCESE OF BROKEN BAY

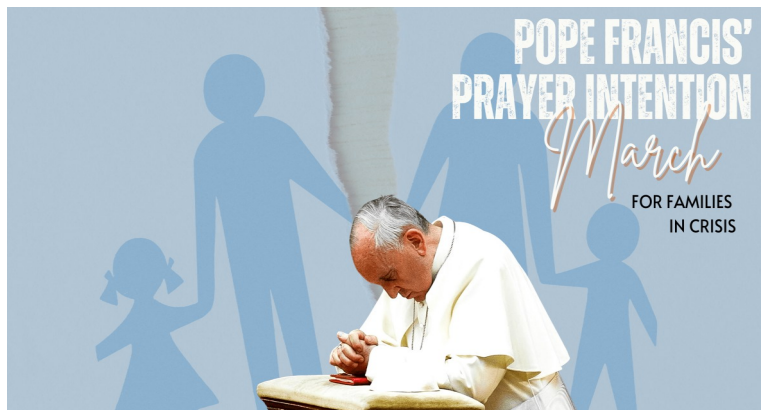
9am - 9am  
28-29 March 2025  
Our Lady of the Rosary Cathedral  
23 Yardley Ave, Waitara

PARISH ROSARY PRAYER

You are invited to pray the Rosary with your family for the renewal of our parish.

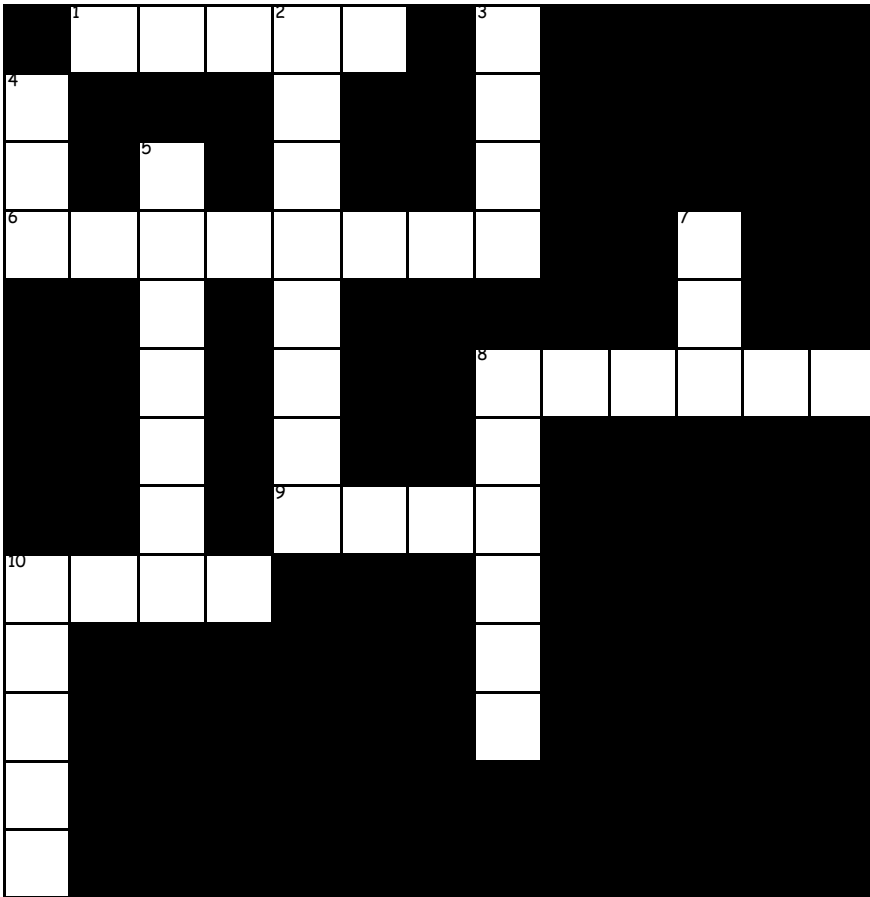
Prayer booklets are available in our churches. You can pray with others using this meditation after Mass on Mondays, Tuesdays and Thursdays.

- JOYFUL MYSTERIES  
Monday and Saturday
- SORROWFUL MYSTERIES  
Tuesday and Friday
- GLORIOUS MYSTERIES  
Wednesday and Sunday
- LUMINOUS MYSTERIES  
Thursday



POPE FRANCIS' PRAYER INTENTION  
March  
FOR FAMILIES IN CRISIS

LET US PRAY THAT BROKEN FAMILIES MIGHT DISCOVER THE CURE FOR THEIR WOUNDS THROUGH FORGIVENESS, REDISCOVERING EACH OTHER'S GIFTS, EVEN IN THEIR DIFFERENCES.



### CROSSWORD PUZZLE

*God will help us bear fruit.*

**ACROSS:**

- 1: go away or depart
- 6: someone who works in a garden
- 8: a servant's boss
- 9 the opposite of up
- 10: the vineyard owner couldn't find any \_\_\_\_

**DOWN:**

- 2: a plantation of grape vines
- 3: a long measure of time
- 4: turn over and remove earth or dirt
- 5: getting bigger
- 7: to slice with a sharp tool
- 8: used to help fertilise plants
- 10: past tense of 'find'

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### Sharing the Gospel

Like a gardener, God gives you a chance to grow and change. If you are feeling a little droopy, he waters you with messages of love. If you seem to be leaning the wrong way, he gives you plant food to teach you right and wrong. God's words will be the roots of your faith. They will help you grow in any soil. God will pull weeds from around your roots. You will grow tall and healthy.

### Prayer

Lord, keep the weeds out of my life.

### Mission

Help your mother pull the weeds out of her flower garden.

©LPI



### COLOR

Read the Gospel of the week and color the image.





*Lord, I have waited for You to come and deliver me from every need, for in my need  
You have not forsaken Your law of mercy.  
Commentary on Psalm 129, 3  
- St. Augustine of Hippo*

## NEXT WEEKEND (30 MARCH 2025): 4<sup>TH</sup> SUNDAY OF LENT, YEAR C

<p><b>1<sup>ST</sup> READING</b> Joshua 5:9-12 <i>The Lord removes the reproach of Egypt.</i></p> <p><b>RESPONSORIAL PSALM</b> Ps 33:2-7. R. v.9 <i>Taste and see the goodness of the Lord.</i></p> <p><b>2<sup>ND</sup> READING</b> 2 Corinthians 5:17-21 <i>All is new in Christ.</i></p> <p><b>GOSPEL ACCLAMATION</b> Luke 15:18 <i>Praise and honour to you, Lord Jesus Christ! I will rise and go to my Father and tell him: Father, I have sinned against heaven and against you. Praise and honour to you, Lord Jesus Christ!</i></p> <p><b>GOSPEL</b> Luke 15:1-3. 11-32 <i>Parable of the prodigal son.</i></p>	<p><b>29 MAR, 5.30PM</b> <b>ST KIERAN'S</b></p> <p><b>Senior Server</b> Louise</p> <p><b>Readers</b> Bob Help needed</p> <p><b>Music</b> Parish Choir</p> <p><b>Communion Min</b> Volunteer needed</p> <p><b>Powerpoint</b> Volunteer needed</p> <p><b>Welcomers</b> Volunteers needed</p>	<p><b>30 MAR, 7.30AM</b> <b>ST KIERAN'S</b></p> <p><b>Senior Server</b> Anna</p> <p><b>Readers</b> Tim Lea</p> <p><b>Music</b> None</p> <p><b>Communion Min</b> Volunteer needed</p> <p><b>Powerpoint</b> Volunteer needed</p> <p><b>Welcomers</b> Volunteers needed</p>	<p><b>30 MAR, 9AM</b> <b>ST CECILIA'S</b></p> <p><b>Senior Server</b> Antoinette/Ilde</p> <p><b>Readers</b> Help needed Julien</p> <p><b>Music</b> The Conmen</p> <p><b>Communion Min</b> Volunteer needed</p> <p><b>Powerpoint</b> Volunteer needed</p> <p><b>Welcomers</b> Volunteers needed</p>	<p><b>30 MAR, 9.30AM</b> <b>ST KIERAN'S</b></p> <p><b>Senior Server</b> Catherine</p> <p><b>Readers</b> Terry Brian</p> <p><b>Music</b> TBD</p> <p><b>Communion Min</b> Volunteer needed</p> <p><b>Powerpoint</b> Volunteer needed</p> <p><b>Welcomers</b> Volunteers needed</p>	<p><b>30 MAR, 5PM</b> <b>ST KIERAN'S</b></p> <p><b>Senior Server</b> Kevin</p> <p><b>Readers</b> Cecilia Celestine</p> <p><b>Music</b> TBD</p> <p><b>Communion Min</b> Volunteer needed</p> <p><b>Powerpoint</b> Volunteer needed</p> <p><b>Welcomers</b> Volunteers needed</p>
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### OBSERVANCES FOR THE WEEK OF 23 MARCH

**Mon 24 Mar:** Monday of the 3rd Week of Lent, Year 1  
**Tue 25 Mar:** Solemnity of the Annunciation of the Lord  
**Wed 26 Mar:** Wednesday of the 3rd Week of Lent, Year 1  
**Thu 27 Mar:** Thursday of the 3rd Week of Lent, Year 1  
**Fri 28 Mar:** Friday of the 3rd Week of Lent, Year 1  
**Sat 29 Mar:** Saturday of the 3rd Week of Lent, Year 1

## The Catholic Community of North Harbour



Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay [www.bbcatholic.org.au](http://www.bbcatholic.org.au)

<b>Parish Office</b>	2 King Street, MANLY VALE 2093 NSW AUSTRALIA P 02 9949 4455 E <a href="mailto:office@nhcatholic.org.au">office@nhcatholic.org.au</a> W <a href="http://www.bbcatholic.org.au/northharbour">www.bbcatholic.org.au/northharbour</a>
<b>Office Hours</b>	9.00am to 4pm (Tuesday to Friday)
<b>Churches</b>	<b>Church of St Cecilia</b> Wanganella St and White St, Balgowlah 2093 NSW <b>Church of St Kieran</b> 2 King St, Manly Vale 2093 NSW
<b>Parish Staff</b>	<b>Parish Priest:</b> Fr Michael Belonio, OSA E <a href="mailto:pp@nhcatholic.org.au">pp@nhcatholic.org.au</a> <b>Asst Priest:</b> Fr Jumbim Torres, OSA E <a href="mailto:jtorres@nhcatholic.org.au">jtorres@nhcatholic.org.au</a> <b>Asst Priest:</b> Fr John Zhang E <a href="mailto:jzhang@nhcatholic.org.au">jzhang@nhcatholic.org.au</a> <b>Parish Manager:</b> Jacky Worthington E <a href="mailto:manager@nhcatholic.org.au">manager@nhcatholic.org.au</a> (Mon, Wed, Thu) <b>Parish Secretary:</b> Jane Filacuridi E <a href="mailto:office@nhcatholic.org.au">office@nhcatholic.org.au</a> (Tue, Wed) <b>Parish Secretary:</b> Anne Ross E <a href="mailto:office@nhcatholic.org.au">office@nhcatholic.org.au</a> (Thu, Fri) <b>Catechists, Family &amp; Sacramental Ministries:</b> Ursula Halloway M 0450 101 767 E <a href="mailto:families@nhcatholic.org.au">families@nhcatholic.org.au</a> <b>Media &amp; Communications:</b> Sophie Taylor E <a href="mailto:comms@nhcatholic.org.au">comms@nhcatholic.org.au</a> <b>Music Ministry:</b> Marianne Kaw-Deveza E <a href="mailto:music@nhcatholic.org.au">music@nhcatholic.org.au</a>
<b>Resident Priests</b>	Fr Minh-Tan Hoang, OSA E <a href="mailto:minhtanhoang@yahoo.com.au">minhtanhoang@yahoo.com.au</a> (Chaplain, St. Augustine's College, Brookvale) Fr Peter Jones, OSA E <a href="mailto:peter.jones@osa.org.au">peter.jones@osa.org.au</a> (Prior Provincial) Fr Paul Maloney, OSA E <a href="mailto:paulmal@bigpond.com">paulmal@bigpond.com</a> (Retired) Fr John McCall, OSA E <a href="mailto:jmcosa@bigpond.net.au">jmcosa@bigpond.net.au</a> (Retired) Fr Abel van der Veer, OSA E <a href="mailto:vabelvanderveer@gmail.com">vabelvanderveer@gmail.com</a> (Retired) Fr Senan Ward, OSA E <a href="mailto:senanward@bigpond.com">senanward@bigpond.com</a> (Chaplain, St. Augustine's College, Brookvale)

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PARISH

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